dvě modality imunostimulace v prevenci a terapii ILI: působení vitaminu C v komplexním posilování protiinfekční imunity a léčivý přípravek **Prevac** s obsahem fytoterapeutických a dalších složek, zaměřený na chřipkové stavy. Je zmíněna výhodnost přípravků řady **Lipo C Askor** s lipozomálním vstřebáváním, u kterých jsou součástí balení detekční proužky, umožňující orientační vyšetření saturace organismu vitaminem C. Oba uvedené způsoby prevence a léčby ILI se svými účinky doplňují. Článek uvádí i výsledky výzkumu deficitu vitaminu C u českých nemocných dětí a možnosti odstranění tohoto deficitu suplementací přípravku s lipozomálním vstřebáváním.

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